



How CONFIDENT Are You?

Do butterflies attack your stomach whenever you're asked to speak before a group? Can you confidently express your thoughts and ideas? Do you have the nerve to ask your boss for a raise?

Whether you're speaking to one or one thousand, a Toastmasters club can help you speak clearly and confidently. At home or on the job, Toastmasters will provide you with the confidence you need to get ahead. For more information, visit www.toastmasters.org or

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**The Confidence
Builders**